

Spirit Bear's Guide to the  
Truth and Reconciliation Commission of Canada

# Calls to Action



First Nations Child &  
Family Caring Society



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Truth and Reconciliation Commission of Canada

# Calls to Action

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## Introduction

**BETWEEN 1879 AND 1996**, the Government of Canada took First Nations, Métis, and Inuit kids away from their families and homes and put them in residential schools. At residential school, kids were not allowed to speak their language or celebrate their culture and were often treated badly by the adults in charge of the schools. Many of the children who went to residential schools became sick and died because the schools were poorly built and didn't get enough money from the Government of Canada to keep the kids healthy. The kids who survived residential school returned home with a great sadness and hurt that has been passed on to current generations.

In 2008, a group called the Truth and Reconciliation Commission (TRC) was made. Their job was to listen to stories about residential schools and then write the stories down so we can learn from our mistakes. In 2015, the Truth and Reconciliation Commission announced their 94 Calls to Action. These are 94 activities all governments, courts, businesses, schools, and people living in Canada can do to help fix the mistakes of the past and present so that all children – including First Nations, Métis, and Inuit children – can grow up happy, healthy, safe, and proud of who they are.

This booklet is written by Spirit Bear as a youth guide to the TRC's 94 Calls to Action. Spirit Bear was born in a huckleberry patch in the Carrier Sekani Territory in British Columbia but he spends most of his time on the lands of the Algonquin people in a city called Ottawa. Ottawa is also where the Government of Canada lives. Governments makes laws and provide the services that everyone needs, like clean water, education, and health-care.

Spirit Bear is a *Barrister*, which means when he sees something wrong, he has to learn about it and try to help. Some problems seem big and hard to fix, but Spirit Bear's mom – Mary the Bear – says the first step in fixing a problem is believing you can.





## About Child Welfare ...

- 1 We call on all governments in Canada to make sure **Aboriginal** kids can stay at home with their families by giving the right tools and education to the adults who work in **child welfare**.
- 2 We call on Canada to count how many Aboriginal kids are in care and think about better ways to help them be happy, healthy, and safe.
- 3 We call on all governments in Canada to make sure First Nations kids can get help through **Jordan's Principle**.
- 4 We call on Canada to make a **law** about child welfare that helps Aboriginal people take care of Aboriginal kids.
- 5 We call on all governments in Canada to help parents in ways that respect their cultures and ways of life.

## About Education ...

- 6 We call on Canada to change the law that says it is okay for teachers and parents to hurt kids when they are not following rules.
- 7 We call on Canada to work with Aboriginal people to make sure that all kids in Canada are getting a fair education and chances for a job.
- 8 We call on Canada to give schools that teach First Nations kids enough money for those schools to give a fair education.
- 9 We call on Canada to tell us how much money they give to schools that teach First Nations kids and if Aboriginal kids are getting a fair education.
- 10 We call on Canada to make a law with Aboriginal people to make sure education for Aboriginal kids respects culture and language.
- 11 We call on Canada to help First Nations students go to college or university.
- 12 We call on all governments in Canada to make sure there is daycare for Aboriginal kids that respects Aboriginal ways of life.

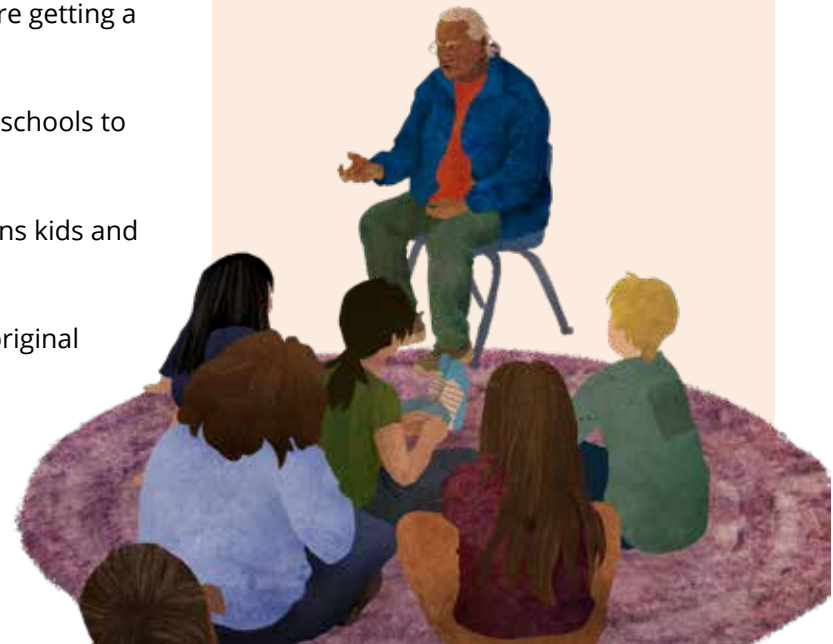
## Glossary for this page

**Aboriginal** This word describes the first people who lived in the place we now call Canada and all their children. There are three Aboriginal groups: First Nations, Métis, and Inuit.

**Child Welfare** A service governments run that is meant to keep kids happy, healthy, and safe.

**Jordan's Principle** A legal rule that says First Nations kids must have the things they need to be happy, healthy, and safe. You can learn more at [jordansprinciple.ca](http://jordansprinciple.ca)

**Law** A rule to make sure things are fair for everyone.



## About Culture ...

- 13 We call on Canada to respect the rights of Aboriginal people. This includes their **right** to have their languages respected.
- 14 We call on Canada to make a law with Aboriginal people that preserves and strengthens Aboriginal languages.
- 15 We call on Canada to put someone in charge of promoting Aboriginal languages, and to make sure language programs are running properly. This person should be chosen with the help of Aboriginal people.
- 16 We call on universities and colleges in Canada to give people the chance to study in Aboriginal languages.
- 17 We call on all governments in Canada to let **residential school** Survivors take back their names that were changed in residential schools, without having to pay.

## About Health ...

- 18 We call on Canada to admit that the health problems of Aboriginal people are because Canada has not fixed the unfairness. Canada needs to fix the unfairness and respect **health-care** rights for Aboriginal people.
- 19 We call on Canada to work with Aboriginal people to set goals to ensure Aboriginal people are healthy, happy, and safe.
- 20 We call on Canada to respect the health needs of all Aboriginal people, no matter where they live in Canada.
- 21 We call on Canada to address the hurt caused by residential schools by helping to create healing centres.
- 22 We call on health-care leaders to respect Aboriginal people by working with Aboriginal healers and Elders to use traditional healing when that is what a patient wants.

## Glossary for this page

**Rights** Something that everyone has to make sure we are all treated fairly.

**Residential schools** Canada took Aboriginal kids from their families and put them in residential schools. Kids were not allowed to speak their language or celebrate their culture and were often treated badly by the adults in charge of the schools.

**Health-care** The services you get when you are sick or need to see a doctor or nurse to keep healthy.



- 23 We call on all governments in Canada to make more jobs for Aboriginal people in health-care, and in Aboriginal communities. All people with jobs in health-care need to know about Aboriginal people and their cultures.
- 24 We call on all medicine and health schools in Canada to make sure students learn about Aboriginal people, cultures, and health needs.

## About Justice ...

- 25 We call on Canada to let the **Royal Canadian Mounted Police** (RCMP) ask questions when Canada may have done something wrong.
- 26 We call on all governments in Canada to change the laws that say Aboriginal people can't get justice for unfair things that happened a long time ago.
- 27 We call on lawyers to learn about Aboriginal people and cultures, including residential schools, **Treaties**, and Aboriginal rights and laws.
- 28 We call on all law schools in Canada to teach students about Aboriginal people and cultures, including residential schools, treaties, and Aboriginal rights and laws.
- 29 We call on Canada to work with people who were not included in the **Indian Residential Schools Settlement Agreement** to make sure that any legal problems they have are fixed.
- 30 We call on all governments in Canada to make sure there are less Aboriginal people in jail.
- 31 We call on all governments in Canada to look for new ways to help Aboriginal people *before* they are sent to jail.
- 32 We call on Canada to change the law so judges can give out fair punishments based on the situation.
- 33 We call on all governments in Canada to work with Aboriginal people to help end all cases of **Fetal Alcohol Spectrum Disorder** in Aboriginal babies.

## Glossary for this page

**Royal Canadian Mounted Police** The national police service in Canada.

**Treaties** Promises between First Nations and the Crown (government) on how to share the land so each group can live the way they want.

### **Indian Residential Schools**

**Settlement Agreement** Residential school Survivors grew up and took Canada and the churches who ran the schools to court. An agreement was made called the Indian Residential Schools Settlement Agreement.

### **Fetal Alcohol Spectrum Disorder**

A medical problem that some babies can be born with.



- 34 We call on all governments in Canada to change the way crimes are punished when the person who did the crime was born with Fetal Alcohol Spectrum Disorder.
- 35 We call on Canada to help create more cultural healing places for Aboriginal people in jail.
- 36 We call on all governments in Canada to work with Aboriginal people to create more culturally based services for Aboriginal people in jail to help them heal.
- 37 We call on Canada to give more help to Aboriginal people who have left jail.
- 38 We call on all governments in Canada to end the overrepresentation of young Aboriginal people in jail.
- 39 We call on Canada to find out details about Aboriginal victims of crime by asking questions like, "How often are Aboriginal people victims of crime?"



- 40 We call on all governments in Canada to work with Aboriginal people to help Aboriginal victims of crimes.
- 41 We call on Canada to join hands with Aboriginal organizations to find out why so many Aboriginal women, girls, and 2SLGBTQIA+ people have gone missing from their homes or have been hurt. Canada should look into how residential schools may have been a cause of this.
- 42 We call on all governments in Canada to respect Aboriginal justice systems, Aboriginal rights, and the **United Nations Declaration on the Rights of Indigenous Peoples**.

## Glossary for this page

### **United Nations Declaration on the Rights of Indigenous Peoples**

According to UNICEF, "The Declaration explains how the rights of Indigenous peoples – including Indigenous young people – are to be protected by governments around the world."

To learn more, you can read *Know Your Rights: United Nations Declaration on the Rights of Indigenous Peoples for Indigenous Adolescents*, available online!

**Indigenous** Another word that is used to describe the first people who lived on a land and all their children.



## About the United Nations Declaration on the Rights of Indigenous People ...

- 43 We call on all governments in Canada to use the United Nations Declaration on the Rights of Indigenous Peoples as a guide for **reconciliation**.
- 44 We call on Canada to create a plan to accomplish all the goals in the United Nations Declaration on the Rights of Indigenous Peoples.

## About the Royal Proclamation ...

- 45 We call on Canada to work with Aboriginal people to create a **Royal Proclamation** of Reconciliation. This proclamation will state that Aboriginal people have the right to take care of their own people, in their own way, and that Aboriginal people never gave up their lands. This proclamation will also state that Aboriginal people have an equal say in the future of Canada, and that Aboriginal laws and Treaties are an important part of this new relationship.



- 46 We call everyone who was part of the Indian Residential Schools Settlement Agreement to sign a document that shows their commitment to reconciliation.
- 47 We call on all governments in Canada to stop using very old laws that let **colonial powers** treat Aboriginal people unfairly and take their land.

## Glossary for this page

**Reconciliation** A better relationship between Aboriginal people and non-Aboriginal people in Canada, including all the governments and courts in Canada. It means non-Aboriginal people, governments, and courts need to change the way they treat Aboriginal people so that Canada never has to say sorry again for being unfair.

**Royal Proclamation** An official announcement from the Crown (government) about a decision that has been made.

**Colonial Powers** The people from England and France who start to arrive in the place now known as Canada in the 1800s. They said that they “discovered” Canada and it was now theirs, even though Aboriginal people were already there and had lived there for a very long time.



## About the Settlement Agreement ...

- 48 We call on the churches that were part of the Indian Residential Schools Settlement Agreement to adopt the United Nations Declaration on the Rights of Indigenous Peoples.
- 49 We call on all churches and religious groups in Canada to acknowledge that Aboriginal people never gave up their lands and that Europeans did not “discover” Canada.

## About Fair Laws for Aboriginal People ...

- 50 We call on Canada to work with Aboriginal people to create places where people can go to learn about or use Indigenous laws.
- 51 We call on Canada to be honest about the law and their actions when it comes to Aboriginal and Treaty rights.
- 52 We call on all governments and courts in Canada to accept Aboriginal **title** once an Aboriginal nation is able to show that they have lived in a certain place for a very long time and that Aboriginal nations should not have to fight for rights related to title.

## About the National Council for Reconciliation ...

- 53 We call on Canada to work with Aboriginal people to create a National Council for Reconciliation that will make sure Canada is doing what it should when it comes to reconciliation.
- 54 We call on Canada to pay for the National Council for Reconciliation.
- 55 We call on all governments in Canada to work together with the National Council for Reconciliation so we can understand the progress being made on reconciliation.
- 56 We call on the Prime Minister of Canada to give an update every year on Canada’s work and plans for reconciliation.

## Glossary for this page

**Title** Aboriginal people have lived on the land now known as Canada for a very long time. Some people say, “since time immemorial” (this means forever). The legal word for this is *title*.



## About Training Government Workers ...

- 57 We call on all governments in Canada to teach the people that work for them about Aboriginal people and cultures, including residential schools, Treaties, and Aboriginal rights and laws.

## About Churches ...

- 58 We call on the Pope, leader of the Roman Catholic Church, to say sorry for the Church-run residential schools and for all the children who were treated unfairly and hurt at these schools. The Pope should travel to Canada to say sorry in person.
- 59 We call on all churches who were part of the Indian Residential School Settlement Agreement to educate their followers about their church's role in residential schools and why saying sorry is important.
- 60 We call on all the churches who were part of the Indian Residential School Settlement Agreement to work with Aboriginal people to teach their priests and other leaders about Aboriginal people and cultures, including residential schools and Aboriginal spirituality.
- 61 We call on all the churches who were part of the Indian Residential School Settlement Agreement to pay for Aboriginal-led reconciliation projects (like projects to help Aboriginal people heal or projects to help Aboriginal languages grow).

## More About Education ...

- 62 We call on all governments in Canada to work with residential school Survivors and other Aboriginal people to give teachers the tools they need so that every student in Canada can learn about Aboriginal people and cultures, including residential schools. Teachers should also learn to use Aboriginal teaching styles.
- 63 We call on the leaders in charge of education in Canada to always work on improving education about Aboriginal people and cultures.
- 64 We call on all governments in Canada who give money to religious schools to make sure that religion classes work with **Elders** to teach Aboriginal spiritual beliefs and practices.
- 65 We call on Canada to work with Aboriginal people, universities, colleges, and other places that do research to study reconciliation.

## Glossary for this page

**Elders** An Aboriginal leader who is seen as wise by their community and knows a lot about their culture and spiritual practices.



## About Youth Groups ...

- 66 We call on Canada to help community-based youth groups by paying for reconciliation programs for kids and helping the groups stay in touch with each other.

## About Museums and Archives ...

- 67 We call on Canada to work with Aboriginal people to help museums adopt the United Nations Declaration on the Rights of Indigenous Peoples so that all museums in Canada are fair to Aboriginal people and cultures.
- 68 We call on Canada to work with Aboriginal people and museums to mark Canada's 150<sup>th</sup> birthday by paying for projects that celebrate reconciliation.
- 69 We call on **Library and Archives Canada** to adopt the United Nations Declaration on the Rights of Indigenous Peoples, to teach more people about residential schools, and to make all the information they have about residential schools easy for people to look at.
- 70 We call on Canada to work with **archivists** to go over how they work towards reconciliation and respect the rights of Aboriginal people.

## About Missing Children and Burial Information ...

- 71 We call on the people whose job it is to document the deaths of Aboriginal children at residential schools to give those documents to the **National Centre for Truth and Reconciliation**.
- 72 We call on Canada to help the National Centre for Truth and Reconciliation keep accurate records about the deaths of Aboriginal children at residential schools.
- 73 We call on Canada to work with churches, Aboriginal people, and residential school Survivors to make a map of all residential school cemeteries.

## Glossary for this page

**Library and Archives Canada** Canada's national library that collects information about the history of Canada.

**Archive** A type of library that keeps historical information safe.

**Archivist** A person who researches, collects, and organizes historical information.

**National Centre for Truth and Reconciliation** A place that takes care of all the information that was collected for the Truth and Reconciliation Commission.



- 74 We call on Canada to work with churches and Aboriginal leaders to tell the families of children who died at residential schools where the children are buried, and to help those families honour their children or bring them home to be re-buried.
- 75 We call on Canada to work with all other governments in Canada, churches, and Aboriginal people to find, fix, and protect residential school cemeteries and other places where children who attended residential schools were buried.
- 76 We call on anyone who will work to find, fix, and protect residential school cemeteries to work with Aboriginal communities in the area and follow the community's rules for respecting children who died at residential schools.

## About the National Centre for Truth and Reconciliation ...

- 77 We call on all archives in Canada to work with the National Centre for Truth and Reconciliation to help with the records and information on residential schools.
- 78 We call on Canada to support the National Centre for Truth and Reconciliation with funds and to help Aboriginal communities tell their own stories about residential schools and reconciliation.

## About Remembering ...

- 79 We call on Canada to work with residential school Survivors, other Aboriginal people, and artists to plan for remembering residential schools and celebrating Aboriginal people and cultures.
- 80 We call on Canada to work with Aboriginal people to create a special holiday called a National Day for Truth and Reconciliation to honour residential school Survivors, their families, and their communities.
- 81 We call on Canada to work with residential school Survivors to make a Residential Schools National **Monument** to honour all the children who went to residential school and their families and communities.

### Glossary for this page

**Monument** Some sort of structure, like a statue, that help people remember or celebrate an important person or event.





- 82 We call on all governments in Canada to work with residential school Survivors to make a residential school monument in each capital city in Canada to honour all the children who went to residential school and their families and communities.
- 83 We call on the **Canada Council for the Arts** to help all artists who work on projects that are about reconciliation.

## About the Media ...

- 84 We call on Canada to help the Canadian Broadcasting Corporation (CBC) by giving them more money to support reconciliation. The CBC can do this by creating more Aboriginal shows, hiring more Aboriginal people to work there, and telling news stories that would interest Aboriginal people.
- 85 We call on the Aboriginal Peoples Television Network (APTN) to keep being a leader in television and news that reflects the many Aboriginal cultures, and to keep making shows and stories that bring Aboriginal and non-Aboriginal people together.
- 86 We call on all journalism and media schools in Canada to teach students about Aboriginal people and cultures, including residential schools, Treaties, and Aboriginal rights and laws.

## About Sports ...

- 87 We call on all governments in Canada to work with Aboriginal people and sport leaders to tell the national story of Aboriginal athletes in history.
- 88 We call on all governments in Canada to support Aboriginal athletes and the **North American Indigenous Games**.
- 89 We call on Canada to change the laws on physical activity and sports to support reconciliation and give a fair chance for all kids to participate in sports.
- 90 We call on Canada to make sure that national sports respect, support, represent, and include Aboriginal people.
- 91 We call on the hosts of international sports events (like the Olympics) to work with Indigenous people and respect their rules and culture.

## Glossary for this page

**Canada Council for the Arts** An organization that helps artists in Canada.

### **North American Indigenous Games**

A multi-sport event (like the Olympics) for Indigenous athletes from all over North America.



## About Business ...

- 92 We call on large companies in Canada to adopt the United Nations Declaration on the Rights of Indigenous Peoples as a guideline for reconciliation.

## About Newcomers to Canada ...

- 93 We call on Canada to work with Aboriginal people to make sure newcomers to Canada will learn about Aboriginal people and cultures, including residential schools, Treaties, and Aboriginal rights and laws.
- 94 We call on Canada to change the **Oath of Citizenship** to:

*I swear (or affirm) that I will be faithful and bear true allegiance to Her Majesty Queen Elizabeth II, Queen of Canada, Her Heirs and Successors, and that I will faithfully observe the laws of Canada **including Treaties with Indigenous Peoples**, and fulfill my duties as a Canadian citizen.*

For ideas about how you can take part in reconciliation, visit  
**[fncaringsociety.com/events](https://fncaringsociety.com/events)**

## Glossary for this page

**Oath of Citizenship** A promise that newcomers to Canada make when they become a Canadian.



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With thanks to:

